

Online Summer Courses 2021



Mayo Education Centre
Ionad Oideachais Mhaigh Eo

Online

EARLY BIRD—€59 UNTIL 30TH JUNE

Department of Education E.P.V. Approved Courses.

COURSE TITLE	COURSE INFORMATION
No Splashing! Teaching Water Safety in the Primary Classroom	This course supports the teaching of water safety as part of the Strand Myself, Strand Unit Safety and Protection (Personal Safety) in the SPHE programme. It aims to increase teachers' knowledge and awareness of water safety at sea, on inland waterways, on the farm, in swimming pools and at home, through the use of factual information and local evidence of water safety incidents. Teachers will explore lesson content exemplars and teaching methodologies and provide a variety of resources suitable for teaching and discussing water safety. Learn how water safety lessons can be evaluated and assessed and how it may be situated within the context of the school self-evaluation process. The course will also enable teachers to enhance their awareness of their own safety when in, on and near water. (Course Code: 311)
25 Inventions That Changed the World	Various inventions that have shaped our world will be considered. Some of the choices may not have been considered before as things that have shaped our world. These choices may provide wonderful opportunities for individual or class projects that incorporate many subjects. (Course Code: 323)
An Ghaeilge Labhartha sa Churaclam Nua Teanga	This will equip teachers with some simple, innovative approaches to effectively teaching Oral Irish in the classroom. These easy-to-use approaches incorporate integration with all subjects across the curriculum. The activities in this course are enjoyable for both the teacher and pupil, and help foster positive attitudes towards Gaeilge in the classroom. It will share a number of online resources with teachers also, hidden gems which make the teaching and learning of Gaeilge an enjoyable experience for all involved. (Course Code: 328)
Positive Wellbeing For Teachers and Children At School and Beyond	This year above any we faced with many challenges that we could never have foreseen leaving us tired, stressed and drained both physically and emotionally. This course affords the teacher the time and opportunity to foster the promotion of positive wellbeing on a personal and professional level and to explore how they can adapt the resources explored to use with children in the classroom. Topics of exploration include , Defining Wellbeing , The Power of Positivity, Combating Stress, Living Mindfully, Understanding Others, Empathy, Positive Change and Gratitude. The perfect toolkit for teacher and child to recharge the batteries in a light , interactive way and prepare for the year ahead and beyond. (Course Code: 308)
Physical, Political, Environmental and Social Geography of Ireland	This brings you on a virtual geographic tour of Ireland. It varies from the standard physical geography to the social geography of our wonderful place in this landscape. It looks at our geographical heritage as well as the physical heritage and places figures from history in the geographic context. (Course Code: 309)
Nutrition for Wellbeing	This aims to support you in enhancing your own wellbeing, by learning how to nourish your body and mind with delicious, easy and nutritious recipes. It will support your teaching of Nutrition in SPHE and the promotion of wellbeing in your school. We will explore a variety of resources and initiatives that will support you in teaching children about nutrition and healthy eating through the SPHE curriculum, which will equip them with key skills and knowledge to enable them to confidently make healthier life choices. You will learn how to support children in growing and preparing food at school and how to prepare a Healthy Eating Policy for your school. We will also explore a wide range of healthy lunch recipes for the busy teacher. (Course Code: 310)
Mindfulness, Resilience and Wellbeing for Schools	Teachers need to be nourished before they can nourish others... This is a well-balanced, creative course with nourishing practices including mindfulness, wellness, resilience, 'WSE with ease' and a variety of resources for skilful and easy whole school implementation. Coming from a wealth of creative practices, rigorous research, and extensive interaction with teachers across the country, it ensures a unique and practical experience for Irish teachers, the Irish curriculum and Irish schools. We wish you a restful and practical experience enjoying simple teacher and pupil activities to support daily life in the classroom, school and beyond. (Course Code: 313)
Mindfulness Self-Care & Classroom Wellbeing	The course offers a welcome opportunity to learn and practice mindfulness and wellbeing and to gain new and fresh activities for pupils. Not a typical online course, it is very experiential with audios, videos, practices, cute clips, mindful walks and fun. It cultivates mindfulness; enhances positive mental, emotional and physical health; integrates SPHE; reduces stress; increases calm and contentment and encourages a skilful responses to challenging classroom situations. We teach the easy way so you can relax and enjoy!

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Making Music In the Classroom	The aim is to give teachers enhanced skills in teaching music effectively in the classroom in order to encourage an appreciation for music in their students. Also to develop an awareness of linking music with other curricular subjects and enhance knowledge of musical terminology, genres and origin. (Course Code: 314)
20 Inspirational Women in Irish History	This course looks at inspirational women in Irish history, many of which have been overlooked by the books. It is informative and interesting, choosing women that you may not have considered icons until now. It is a subjective choice and you may wish to suggest others – this can be done in the various Forums. (Course Code: 321)
20+ Irish Writers for Children	This gives teachers the opportunity to discover Irish writers for children. Offering an opportunity to discover or rediscover some of the best writers in the world for children and adults alike. Module 4 is devoted to writers as Gaeilge. It is also an opportunity to compile a list of possible books by Irish writers, for the school library. (Course Code: 322)
Birth of a Nation - How the Irish State Began	This course gives you the background to the 1916 Rising. It explores the effects of WW1 on the potential new state. It follows on from this to the civil war before setting the scene for the foundation of the new state and explores the challenges that come with the foundation of the new state. Informative and thought provoking. (Course Code: 325)
Fostering A Positive School Climate Through The Teaching of Happiness	This is designed to enable teachers to enhance and foster happiness in their lives on both a personal and professional level. We focus on promoting positive wellbeing and self-care, exploring that which makes us happy and overcoming obstacles to same, developing effective communication skills, combating stress and anxiety and building resilience. This explores the concept of “Teaching Happiness” in a light, practical and interactive way. Starting on a personal level this course aims to demonstrate how by developing skills to enhance our own happiness we can learn to teach others to do the same and hence help to foster a positive working and learning school climate for all. (Course Code: 327)
Historical Buildings of Ireland	This looks at the built history of Ireland – from the ring forts to modern architecture. It looks at the iconic buildings and places in Ireland and invites you to explore them virtually and physically. The list could be expanded for every place in Ireland from urban to rural landscapes and invites participants to consider these. (Course Code: 330)
The Wellbeing Toolkit for Teachers & Children	This course presents a wide range of practical strategies that you can use to promote and foster wellbeing across the whole school community. Learn how to use the SPHE and PE curricula to enable children to develop self-awareness, build life skills and develop a strong sense of connectedness to their school and their community and wider society. You will be invited to focus on your own wellbeing as you move through the course and develop a toolkit for your own self-care.
Wellness & Self-Care for Teachers	Self-care is not a reward for hard work, it is part of the process. It's the careful repetition of simple habits, which work together to soothe you and make sure you're at your optimum - emotionally, physically, and mentally. This course invites teachers and school leaders to recharge their batteries by focusing on fostering wellness through self-care. You will be invited to try out and adopt a range of self-care tools. The goal is to figure out which strategies work best for you.
Gramadach na Gaeilge	The course is for those who wish to consolidate what they know, to put a structure on knowledge that may be scattered. It is also for those who get lost in the seeming maze of grammar. It is to simplify to what needs to be known about Gramadach na Gaeilge and will assist in teaching this. It is not for someone who already has a keen grasp of gramadach na Gaeilge.
25 Key Events in Ireland Since the 1960s	This course covers five decades of Irish History (60s, 70s, 80, 90s and 00s). The course looks at a collection of the major events of these decades in Social Change, Politics, Music, International Events and Sport. It is a small reminder that history is recent and that relatively small events in our experience can have a huge impact on our lives.
An Introduction to Contemporary Philosophy	This course will introduce you to some of the debates and methods in contemporary philosophy. You will become familiar with the dominant schools of philosophy and understand some of the methodological differences between them, especially Analytic and Continental Philosophy. The course will focus in on, Ethics, Political Philosophy and The Philosophy of Technology, and show how different philosophers approach these topics. In this way, the course will afford teachers a space to consider some of the issues that concern philosophers today, but also to reflect on how this might inform their own teaching practice. It uses vivid and colourful examples that can be adapted to the classroom settings and gives examples of philosophical debates that encourage critical thinking.

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Creative Writing for Children	This course will introduce teachers to key strategies and methodologies for teaching creative writing to children. It will consider the important role of creativity in the class room generally, and specifically the that creative writing can play as a pedagogical tool in a range of subjects (Literacy/English/Gaeilge/Drama). To this end, the teacher will be encouraged to investigate their own creativity, and the attitudes they hold toward creative writing. The course will examine fiction, nonfiction, memoir and poetry, and consider how these can play a role in encouraging children to find their own creative voice. As well as providing teachers with information and resources that they can use positively in their own classroom, this course, will course will consider recent pedagogical developments and examine ways of supporting the teacher in fostering creativity.
Gaeilge Le Spraoi	This course will provide teachers with a bank of games and digital resources which they can use in their classrooms to support the teaching of Gaeilge and the facilitation of the new Primary Language Curriculum. The course will give teachers the confidence to plan and create meaningful activities around the needs of their pupils with a focus on fun, child-led learning through games and digital technologies. Teachers will be enabled to set clear objectives for their games/ICT lessons and also equipped with the skills to adapt and assess these activities. The assignment aspects of this course will be hands-on and give teachers the opportunity to practice and demonstrate their new learning. The course will provide teachers with a renewed energy and approach towards the teaching of Gaeilge, which will support them in creating a classroom where a love for the language is fostered.
The Legislative Landscape for Schools	Teachers deal with complex legal issues every day. They wonder whether what they do is what they should do. Questions about supervision, inclusion, attendance, safeguarding, behaviour, school evaluation, circulars etc are a reality for many. Here is a course that explains what the relevant law is and what teachers need to know. The content deals with real life examples and highlights how the education legislation applies in the school and classroom. Schools exist for the benefit of students who are entitled to get an 'appropriate education'. We examine what this means for a child, his/her parents and for the teacher. By the end of the course participants will have explored the Education Act 1998, the Education (Welfare) Act 2000, the Education for Persons with Special Educational Needs Act 2004, The Education Admission to Schools Act 2018 and will have considered a range of landmark court decisions about behaviour, inclusion and supervision. *Please note that this course will only run until 30th July 2021*
Bringing S.E.S.E. to Life	This exciting and newly developed course for 2021 will meet all your needs for teaching SESE in a creative, exploratory and child-centred way. This engaging course will draw on active learning methodologies, technology integration and inquiry-based learning STEM/STEAM ideas to truly bring SESE to life in your classroom. With something for everyone from Juniors - 6th Class, "Bringing SESE to Life" will introduce leading SESE within your school and reflecting on whole-school practice.
Considering Leadership	Are you a school leader, aspiring leader, ISM member or teacher wishing to consider what is involved in leadership in education? Then this course is for you. Learn about theory and practice with lots of ideas and suggestions on leadership practice for your classroom or school. Various facets of leadership will be discussed with practical ideas to implement. In addition, reference will be made to various circulars, and DES guidelines for leadership and management in schools. This course will also suit teachers who may be considering applying for posts in schools or those who wish to understand what school leadership entails.
Life Coaching for Teachers	Learn about the theory and practice of Life Coaching Psychology. Practice some of the most popular practical coaching activities and learn about their applications to your personal and professional development. Amass a toolkit of tools tips and tricks for use immediately in your classroom and your life!
Demonstrating Practical Projects in Primary Science	This course will give you over 100 simple and fun science activities to do your class. All activities are connected to the primary science curriculum. The course contains videos and extensive notes which will allow you to bring these fun ideas into the classroom and make your science lesson come alive. For teachers who are worried about their knowledge of science, all the science behind the activities will be explained as well as all the things that can go wrong and how to overcome them. There are extensions to all the activities to connect that to real world science, to challenge students and to discuss issues such as the shortages in clear drinking water in developing countries.